You have recognized the life changing effects of Underactive Bladder Syndrome (UAB) either firsthand, through a loved one, or by caring for your patients as a health care provider. Today, there is a significant unmet need in understanding, diagnosing and treating symptoms and complications of UAB.

You can help make a difference in the lives of those affected by UAB. Through raising awareness or by volunteering your time and skills, you can make a significant and lasting impact on The UAB Foundation's mission.

Here are a few ideas of how you can help us. Your support will bring us closer to a real cure for UAB.

- **Raise awareness**
  Many people, including physicians, have never heard of UAB. You can help by discussing UAB on social networks and directing people to www.underactivebladder.org

- **Share your story**
  Whether you are a patient suffering from a bladder disorder, a health care professional or a friend or family of someone with UAB, we would like to hear your story.

- **Join our mailing list**
  To get up to date information on Underactive Bladder.

- **Become our partner**
  If you are a healthcare organization, patient advocacy network, pharmaceutical company, or scientific association, we would like to join hands for funding critical research, providing education, and support programs.